



Barnsley Harriers Silkstone Shuffle 2012 Multi-Terrain Race Series

EA Permit Number 2012-103315.

Four Races all starting at 10.30am on Saturday
31st March, 16th June, 15th September, 1st December

Off road trail course of around 4.5 miles/7km.

Start & finish at Silkstone Sports Pavilion (Behind Dearnside Garage)

Showers/changing/toilets Additional parking in Silkstone village.

Please do not park on the main road or at the garage.

Enter All 4 Races in Advance for a T-shirt!

£12 for the four race series (£20 unattached*)

£4 per race (£6 unattached*) and no T-shirt .

Collect your T-shirt at the final race.

Entries on the day from 9.00am – 10am

Maximum limit 150

A pair of Adidas Trail shoes to be won at each race.

Category Prizes for each race plus Trophies for Series Winners.

Categories: M/M40/M50/M60/M70 F/F40/F50/F60/F70

Presentation venue Silkstone Sports Pavillion from 11.30am

- EA £2 levy for unattached runners

***Mini Shuffle for juniors at 9.45am. Enter on the day, 50p**

Entry Form (minimum age: 16 years)

Surname: _____ Forename: _____

Address: _____

Postcode: _____

Tel No.: _____ Age on race day: _____

Sex: Male/Female _____ Running Club (if applicable) _____

EA Number: _____ Amount enclosed £ _____ Cheques payable
to Barnsley Harriers

Signature: _____ Date: _____

T-shirt Size S M L XL email address _____

Declaration: I am an amateur as defined by EA and accept that the organisers will not be liable for any loss, damage, action, claim, costs or expenses, which may arise as a consequence of my participation in this event. I declare I will not compete in this race unless I am in good health on the day of the race and that in any event I will only compete at my own risk.

RETURN with SAE to: Barnsley Harriers The Old Vicarage 17-21 Church Street Darton Barnsley S75 5HF. www.barnsleyharriers.org.uk for results and Club information